

# STAY POSITIVE ARKANSAS – HELP IS HERE.

## Free Crisis Counseling For Those Affected By Covid-19.

As a licensed PPE partner,  
we provide:

- Emotional Support
- Coping Strategies
- Pandemic Recovery Options
- Additional Resources

Our dedicated staff will  
help you and your loved  
ones learn how to:

- Recognize common reactions to COVID-19
- Build coping skills for the recovery process
- Manage COVID-19 related stress
- Identify and meet children's needs

The sole purpose of the Promoting Positive Emotions (PPE) program is to help those Arkansas residents directly impacted by COVID-19 receive the emotional and behavioral health services they need to gain strength and be able to carry on during these unprecedented times.

**All services are completely confidential and absolutely free.** There are no age requirements. The PPE program is available to children under age 18 as long as there is parent/guardian consent to provide services.

Additional information is always available at [www.staypositivearkansas.com](http://www.staypositivearkansas.com) or the 24HR Crisis Support Line at **833-993-2382**.



**Promoting  
Positive  
Emotions**

